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Deciphering metabolic heterogeneity by single-cell analysis

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Abstract

Single-cell analysis provides insights into cellular heterogeneity and dynamics of individual cells. This feature highlights recent developments in key analytical techniques suited for single-cell metabolic analysis with a special focus on mass spectrometry-based analytical platforms and RNA-seq, as well as imaging techniques that reveal stochasticity in metabolism.

Cellular heterogeneity and metabolism

Metabolism is a key physiological process that is involved in cellular maintenance, growth, division and contributes to cellular heterogeneity.^{1,2} Metabolism is an ensemble of biochemical reactions that sustain life in a cell. These reactions accomplish three major tasks: the provision of energy for biological functions, biosynthesis (anabolism) of the cell's building blocks (lipids, proteins, and nucleic acids) and degradation (catabolism) of cellular content. Studies of cellular metabolism aim to characterize the abundance and activity of the plethora of enzymes, cofactors and metabolites which form large, complex metabolic networks. Metabolic heterogeneity underpins single-cell phenomena such as immune cell plasticity, microbial drug tolerance and growth variability.³

Cellular heterogeneity is a phenomenon that is often observed in biology but poorly understood. It is caused by various genetic, epigenetic and environmental factors and is reflected by differences in morphology, physiology and pathology.^{4,5} This highlights the necessity to study the biochemical and physiological characteristics of individual cells and their environment. However, conventional technologies often use bulk population-level measurements, ignoring the unique behavior resulting from cell-to-cell variations, including

cellular metabolism, growth and proliferation.⁵ Most existing studies on metabolism have used population-level measurements, which implicitly assume that the used cell populations are homogeneous. Therefore, to understand the link between the genotype and phenotype of a single cell a holistic understanding of cell-heterogeneity at all levels of the molecular architecture (genome, epigenome transcriptome, proteome and metabolome) is needed.

Only recently advances in bioanalytical technologies have enabled the study of transcripts,⁶ proteins,^{7,8} and metabolites in single cells,⁹ which in turn empowered the ability to study cellular heterogeneity and how this heterogeneity is important to normal and impaired processes. Single-cell transcriptomics examines gene expression levels of individual cells by measuring messenger RNA (mRNA) concentrations and offers a comprehensive understanding of how transcriptomic cellular states translate into functional phenotypic states. How the expressed proteome differs from cell to cell is a question of high interest as proteins represent the main machinery of cells, performing a vast array of functions within organisms such as catabolizing metabolic reactions (enzymes), DNA replication and providing structure to the cell and transport. Single-cell metabolomics offers comprehensive profiling of the full complement of small molecular weight compounds and thereby provides the most accurate depiction of the cellular reaction network. Finally, single-cell phenotypic analysis using imaging-based techniques even allow the study of metabolism and growth heterogeneity in live cells.

This feature article provides vignettes of studies that have recently used single-cell analytics to study cell heterogeneity. We apologize to anyone whose important work could not be included due to size limitations.

Single-cell Transcriptomics

Single-cell transcriptomics is a rapidly evolving field that will play a major role in understanding metabolism at the single-cell level. Currently, the most prevalent method for transcriptomic studies is RNA-sequencing (RNA-seq). This method is based on reverse transcription of mRNA into complementary DNA, followed by subsequent polymerase chain reaction (PCR) amplification and deep sequencing.¹⁰ In contrast to earlier methods for gene expression analysis, RNA-seq allows for the sequencing of the entire transcriptome. Single-cell RNA-seq (scRNA-seq), which has been developed over the past few years, can obtain gene expression profiles of individual cells across cell types, states, and subpopulations (Fig. 1). This advance was made possible by the ability to capture and sequence very low amounts of RNA. Typically, individual cells are captured in sub-microliter droplets using dedicated microfluidic devices or sorted into regular multiwell plates. After lysing the cells in these small reaction volumes, cells are barcoded during reverse transcription using cell-specific DNA primers. During sequencing these barcodes are used to assign sequencing reads to individual cells. While some methods, such as Smart-seq¹¹ collect reads from the entire transcript (full-length coverage), the majority of methods only capture the 3' or 5' ends. For example, Drop-seq¹² identifies transcripts by their 3' ends. This and other methods incorporate unique molecular identifiers, random transcript-specific barcodes to circumvent PCR bias and thereby improve quantification of gene expression. The choice of a particular scRNA-seq method largely depends on the scientific question. We refer the reader to recent reviews for detailed information about various methods^{13,14}

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3 Despite being around for only a few years, scRNA-seq has already produced a host of
4 valuable insights, for example, on the dynamics of embryonic developmental and stem cell
5 differentiation,¹⁵ the composition of complex tissues,¹⁶ and expression differences and
6 heterogeneity caused by diseases, such as cancer.¹⁷
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8 Several studies have used scRNA-seq to catalog metabolic changes during
9 developmental processes. Zeng et al. quantified gene expression in single mouse β cells during
10 postnatal development.¹⁸ By collecting cells at different time points and ordering them along a
11 common molecular trajectory, the transcriptional dynamics of β cell maturation were revealed.
12 In particular, the authors identified the dynamic expression of genes related to several important
13 metabolic pathways (regulation of amino acid uptake and metabolism, production of reactive
14 oxygen species), as well as a network of nutrient-responsive transcription factors. Another
15 scRNA-seq study, by Arris et al., focused on metabolic aspects of eye-disc development in
16 *Drosophila*.¹⁹ By comparing wild-type eye disc-cells with Rbf (retinoblastoma family protein)-
17 mutant cells, the authors identified a subpopulation of mutant cells with higher glycolytic
18 activity. The metabolic state was inferred from the expression of the pro-apoptotic gene Hid
19 (cell death protein) in conjunction with an upregulation of Ald (Fructose biphosphate aldolase),
20 Ldh (lactate dehydrogenase) and Hif1 α (Hypoxia-inducible factor 1 alpha). The results were
21 validated by RNA interference and immunostaining. A paper by Guo et al. studied the
22 development of human spermatogonial stem cells.²⁰ This study discovered four dynamic
23 cellular states (quiescent, proliferating, metabolically active, and differentiating), which differ
24 substantially in their metabolism. Adult stem cells have also been characterized by scRNA-seq.
25 Dulken et al. quantified the heterogeneity and transcriptional dynamics in the adult neural stem
26 cell lineage (NSC) by scRNA-seq. They reported a continuum of cell states during the
27 differentiation process and identified rare intermediate states with distinct molecular profiles.²¹
28

29 scRNA-seq has also been used extensively to catalog the cell types in complex tissues.
30 For example, several recent studies have revealed the cell types in the human developing kidney
31 (22–24). These studies revealed a clear divergence from mouse kidney development, arguing for
32 caution when using the mouse as a model system for human development. In addition, scRNA-
33 seq allowed the identification of several subtypes of renal progenitor cells which were
34 distinguished by the expression of metabolism- and stress-related genes.²⁴ Interestingly, the
35 progenitor subtypes also differed in their proliferation state. These changes in metabolism and
36 stress response are likely a consequence of differentiation but they could potentially also have
37 a causal role.
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39 Metabolic changes in disease are also increasingly studied with single-cell
40 transcriptomics methods. Segerstolpe et al. profiled human pancreatic islets from healthy
41 individuals as well as type 2 diabetes patients with scRNA-seq.²⁵ They identified
42 subpopulations within both endocrine and exocrine cell types. Clear transcriptional alterations
43 were found in type 2 diabetes patients compared to healthy subjects. The well-known
44 heterogeneity within or between tumors, is another area of application for scRNA-seq (see, for
45 example, ref¹⁷). In a recent paper, Xiao et al., have shown that mitochondrial activity is a major
46 driver of the heterogeneity among both malignant and non malignant cells.²⁶ In malignant cells
47 the authors found a positive pairwise correlation between glycolysis, oxidative phosphorylation
48 and hypoxia. The fact that these cells activate both glycolytic and oxidative phosphorylation
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3 pathways under hypoxic conditions may be an important factor contributing to the high
4 proliferation of cancer cells. It will be a major challenge for the future to integrate a large
5 number of such studies with the existing knowledge of metabolic networks and achieve a
6 consistent view of metabolic changes in tumor tissue. An approach developed by Damiani et
7 al.²⁷ extended the well-established Flux Balance Analysis (FBA),²⁸ to infer the flow of
8 metabolites in single-cell. Their method allows the translation of single-cell transcriptomes to
9 so-called single-cell fluxomes. Integration of single-cell cancer transcriptomes with bulk
10 extracellular fluxes of the same samples revealed differences in growth rates between
11 subpopulations captured cell-cell interactions.

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15 scRNA-seq further unraveled the effect of obesity on the quality of oocytes in women
16 undergoing fertility treatment²⁹. In this study, single-cell transcriptomics was coupled with lipid
17 level measurements in serum and follicular fluid. Some genes related to fat metabolism,
18 proinflammatory conditions and oxidative stress were found to be deregulated in oocytes from
19 obese women compared to normal weight women. This suggests that obesity might compromise
20 the metabolism and thereby integrity and competence of oocytes.
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24 A major limitation of current scRNA-seq modalities is that they provide snapshots of
25 mRNA abundance, but cannot quantify RNA turnover dynamics (i.e. transcription and
26 degradation rates). This is mainly due to the destruction of the cells in the process of sequencing
27 library preparation.³⁰ In a recent study, La Manno et al. partially overcame this limitation by
28 using the ‘RNA velocity’ of each gene, i.e. the ratio of unspliced mRNA to spliced mRNA to
29 deduce a probabilistic description of expression dynamics.³¹ Moreover, new approaches based
30 on labeling of newly transcribed RNA and biochemical nucleoside conversions followed by
31 RNA-seq have been used to study RNA dynamics in mammalian cells.³² These methods provide
32 high temporal resolution of short-term changes in gene expression and are able to reveal kinetics
33 of RNA processing and even catch the most unstable RNAs. Another recent method (NASC-
34 seq) sequences simultaneously pre-existent and newly synthesized RNA.³³ This method is
35 based on the integration of 4-thiouridine (4sU) into newly synthesized RNA during
36 transcription. 4sU-labelled and unlabelled RNA can then be distinguished after the reverse
37 transcription step where alkylated 4sU residues triggers the misincorporation of guanines
38 instead of adenosines in the complementary DNA.
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45 Although scRNA-seq cannot measure metabolic state directly, the highlighted studies
46 revealed the value of the method for studying metabolism. Major metabolic programs can often
47 be inferred from the expression of key pathway components.
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50 **Single-cell Proteomics**

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52 Proteins represent the main machinery of cells, performing a vast array of functions
53 within organisms such as catabolizing metabolic reactions (enzymes), DNA replication,
54 providing structure to the cell and transport.³⁴ How the expressed proteome differs from cell to
55 cell is, therefore, a question of high interest. However, complex correlations between gene
56 transcription and protein production in developing systems (see, for example,³⁵) call for careful
57 validation of transcriptomics results, one gene at a time (e.g., using antibodies). Only recently
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3 has mass spectrometry become sensitive enough to enable the direct (un)targeted
4 characterization of proteins in single cells. The current state of single-cell mass spectrometry
5 has been the focus of several reviews lately (see examples in references³⁶⁻⁴⁷); therefore, the
6 following discussions are intended to only provide glimpses of developments that showcase
7 emerging applications and developmental opportunities in proteomics and metabolomics of
8 single cells.
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11 Mass cytometry (CyTOF)⁷ has enabled the screening of known proteins among single
12 cells in record throughput. This technology leverages heavy-metal conjugated antibodies to
13 recognize surface receptors on cells as well as intracellular signaling molecules, which are then
14 separated by flow cytometry, atomized and ionized in an inductively coupled plasma, and the
15 generated heavy-metal ions are detected in a mass spectrometer with a capability for
16 multiplexing (up to ~40 labels currently). Wang et al. revealed three major clusters of beta cells
17 within the human endocrine pancreas. From these three clusters, two consisted of proliferating
18 cells.⁴⁸ Additionally, the technology was used to obtain a detailed view of immune system
19 regeneration by measuring overall immune cell population variation over time in individual
20 patients after allogeneic stem cell transplantation⁴⁹ to identify early reprogramming regulators
21 in induced pluripotent stem cell reprogramming systems⁵⁰ and for the high-throughput
22 quantitation of inorganic nanoparticle bio-distribution in mouse lymph node cells.⁵¹ CyTOF
23 presents new directions in single-cell proteomics for studies in which known proteins need
24 analysis and functioning, high-fidelity antibodies are available for the proteins of interest.
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31 *Single-cell Proteomics by Mass Spectrometry*

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33 Label-free proteomics provides unbiased and quantitative characterization of large numbers of
34 proteins in single cells without a requirement for known proteins or probes (e.g., no antibodies
35 needed). Detection of abundant proteins (α and β globulins) in individual erythrocytes by
36 capillary electrophoresis (CE)-MS⁵²⁻⁵⁴ raised the promise of MS-based proteomics for single
37 cells already in the mid-1990s. However, without molecular amplification feasible for the whole
38 proteome, label-free detection of hundreds-to-thousands of proteins required major leaps in MS
39 sensitivity. To fill these technological gaps, Nemes et al. have pioneered custom-built
40 microanalytical CE platforms^{53,55,56} for identifying proteins by high-resolution MS in ultrahigh
41 sensitivity.⁵⁷ Lombard et al. has identified ~1,709 different protein groups, including several
42 transcription factors, in identified cells that were dissected from 16-cell *X. laevis* embryos,⁵⁸
43 marking the first example of large-scale identification of proteins in single cells in MS. The
44 Nemes group has uncovered previously unknown proteomic differences between cells that
45 occupy the dorsal-ventral and animal-vegetal axes of the 16-cell *X. laevis* embryo,⁵⁸ which were
46 undetectable at the level of transcription, and even found evidence for proteomic differences
47 between cells fated to give rise to neural tissue in the frog (intra-cell type heterogeneity).⁵⁹ Choi
48 et al. has developed specialized CE-ESI interfaces⁶⁰ and microanalytical workflows⁶¹ towards
49 detecting proteins from single neurons in the mouse brain, opening a door to the molecular
50 characterization of cell types in the mammalian brain (unpublished). These developmental
51 milestones essentially laid the foundation for single-cell proteomics using MS.⁵⁷
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3 They also spurred the development of other innovative technologies and methodologies. Sun et
4 al. have demonstrated that whole-cell dissection of identified cells in *X. laevis* (recall
5 reference⁵⁸) can be integrated with conventional liquid chromatography MS to identify proteins
6 in frog embryos,⁶² albeit at lower sensitivity than CE-MS. To minimize peptide losses, Shi et
7 al. used abundant (carrier) proteins, thus enhancing protein detection to 200,000 copies per
8 cell.⁶³ Budnik et al. developed Single Cell Proteomics by Mass Spectrometry (SCoPE-MS) as
9 an alternative, in which peptides from single cells as well as a population of cells (pooled) were
10 individually barcoded and mixed to boost sequence coverage for peptides while using the
11 reporter ions for relative quantification of protein levels between the dissociated single cells⁸.
12 The technology has demonstrated a utility in quantifying thousands of proteins in single
13 differentiating cells, complementing information on gene expression using single-cell
14 transcriptomics. Zhu et al. introduced nanoPOTS (nanodroplet processing in one pot for trace
15 samples), a microfabricated platform, capable of minimizing peptide losses by miniaturization,
16 enabling the identification of ~1,500–3,000 protein groups from ~10 cultured mammalian
17 cells.⁶⁴ Most recently, Lombard et al. have integrated subcellular capillary microsampling with
18 CE-ESI-MS to enable, for the first time, proteomics in single identified cells directly in complex
19 tissues, including live embryos of *X. laevis* and zebrafish, without necessitating whole-cell
20 dissection.⁶⁵ Quantification of ~800 protein groups in subcellular sampling has revealed
21 previously unknown reorganization of the single-cell proteome as the midline dorsal-animal
22 cell gave rise to is neural-tissue fated cell clone in the live frog embryo.

23 Next to CE-ESI-MS based platforms to characterize proteins in single cells, nano-LC-MS/MS
24 is widely used in proteome analysis. For instance, a combination of fluorescence-activated cell
25 sorting and ultra sensitive nano-LC-MS/MS was used to identify specific protein markers for
26 epithelial and mesenchymal cells in human lung primary cells.⁶⁶ Additionally, integrated single
27 HeLa cell proteomic analysis covered a maximum of 328 proteins by using a recently developed
28 Orbitrap Fusion Tribrid MS. This integrated proteomic analysis device (the i-PAD1) clearly
29 demonstrated cellular heterogeneity of the proteome at the single-cell level.⁶⁷

30 These and ongoing technological developments (see reviews) are heralding a new era of
31 systems cell biology by enabling the label-free quantification of large numbers of proteins and
32 complementing single-cell transcriptomics.

33 **Single-cell Metabolomics**

34 In order to achieve a comprehensive characterization of single-cell metabolic dynamics,
35 analytical techniques are required that perform quantitative analyses with high sensitivity,
36 accuracy and precision. In this context, MS emerged as the eminent method of choice in single-
37 cell metabolic studies⁶⁸ (Fig. 2). Recent advances have provided MS with the necessary
38 sensitivity to detect many metabolites in single cells, thus providing molecular information to
39 complement data from single-cell transcriptomics and single-cell proteomics. In this section,
40 we selected representative single-cell MS technologies for metabolomics studies.

Matrix- assisted laser desorption / ionization (MALDI)

Matrix-assisted laser desorption/ionization (MALDI) is a soft ionization method used for biological mass spectroscopy. It has become well-established in –omics studies as it requires low sample consumption, minimal sample handling and fragmentation and offers high sensitivity. Fundamentally, MALDI works by incorporating analytes into organic matrices and upon irradiation of the sample with a pulsed laser, analytes are ionized and accelerated to a mass spectrometer analyzer.⁶⁹ Typically, a time-of-flight MS (TOF-MS) is used owing to its exceptional acquisition rates and dynamic range. Moreover, these spectrometers offer high sensitivity, resolving power and mass accuracy, thus facilitating characterization of metabolites. MALDI-MS has previously been used in single-cell analyses as well as multidimensional imaging of metabolic dynamics in cellular and sub-cellular space.^{70–73} For instance, the utility of MALDI-MS for tracing intracellular metabolic dynamics was investigated by Yukihiro et al., who observed a time-dependent (7 minutes) rapid relief of glucose limitation in *Escherichia coli* during environmental carbon source perturbation.⁷⁴ Furthermore, Dueñas et al. were the first to apply MALDI-MS for 3D chemical imaging of single-cell lipid dynamics during the embryonic development of zebrafish. They revealed that the dimensional spatial distribution of phospholipids and ceramide containing lipids in embryos at the 1-, 2-, 4-, 8-, and 16-cell stage had heterogeneous localization.⁷³ Moreover, microarrays for mass spectrometry (MAMS, a type of substrate for MALDI-MS) were used to automatically isolate single cells in a spatially organized matrix by using hydrophilic reservoirs. This approach enabled the successful monitoring of time-dependent (time scale: 0, 5 and 10 minutes) glycolytic metabolite change in environmentally (2-deoxy-d-glucose) and genetically (Δ PFK2) perturbed *Saccharomyces cerevisiae* (yeast) cells at the single-cell level.⁷⁵

One of the main limitations of MALDI-MS in single-cell metabolomics is signal suppression by low-mass ions (typically, $m/z < 700$) used in matrix preparation such as 2,5-dihydroxybenzoic acid (DHB) and α -cyano-4-hydroxycinnamic acid (CHCA)), resulting in difficulties to reliably measure low-molecular-weight metabolites.⁷⁶ One potent approach proposed to circumvent this limitation is the use of matrix-free ionization methods, including laser desorption/ionization, based on nanophotonic effects. Nanostructures such as silicon nanopost arrays (NAPAs) substitute conventional matrices and act as nanoantennae that harvest light from the laser leading to subsequent ionization of the sample.⁷⁷ NAPA-MS has already been used to detect intra- and interpopulation metabolic differences between stressed and control microbial cells.⁷⁸ A recently developed method that combines fluidic force microscopy and MALDI-MS has been shown to be a potent tool for live analysis of the single-cell metabolome under physiological conditions.⁷⁹

Secondary ion mass spectrometry imaging techniques

Secondary ion mass spectrometry (SIMS) has become an increasingly popular technique to measure metabolites at single-cell and sub-cellular resolution. In the SIMS modality, a focused primary pulsed ion beam is used to bombard a sample, ejecting secondary ions from the sample surface that are subsequently measured using a mass spectrometer. SIMS imaging modalities offer micrometer to nanometer scale lateral spatial resolution and combined with

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3 TOF-MS detection make these techniques highly suitable for measuring metabolic profiles of
4 endogenous and exogenous species in the sub-cellular space. This was demonstrated by Kurczy
5 et al., who followed lipid domain formation in the membrane of the unicellular organism
6 *Tetrahymena thermophile*.⁸⁰ Moreover, nano-scale SIMS (NanoSIMS), which combines high
7 spatial resolution with simultaneous detection of both heavy and light elements, was used by
8 Wedlock et al. to image a new group of platinum-based chemotherapeutics, triplatin, in MCF7
9 breast cancer cells. This approach enabled the successful monitoring of internalization and
10 nucleolar targeting of the drug in a time span of 2 hours.⁸¹ Another study used a combination
11 of NanoSIMS with stable isotope monitoring to track the proliferation of cardiomyocytes. ¹⁵N
12 labeling of thymidine and its incorporation into the DNA of young adult transgenic C57Bl/6
13 male mice revealed that genesis of cardiomyocytes occurs at a low rate (approximately
14 0.76%/year) and that cell division originated from pre-existing cardiomyocytes.⁸²

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16 One of the major drawbacks of SIMS-based techniques lies in obtaining structural
17 information on analytes. The recently developed commercial parallel imaging MS/MS
18 instrument, in which a triple electrostatic sector TOF analyzer for desired mass range
19 measurements is coupled to an MS/MS analyzer for target identification, significantly improved
20 the acquirement of structural information on analytes.⁸³ Moreover, another recent instrument
21 that has greatly facilitated metabolite identification is the MALDI/Buckyball TOF-SIMS dual
22 ion source instrument that combines high spatial imaging and a capability for intact ion
23 generation with MS/MS cell to image and identify biomolecules (small and large) in one single
24 instrument.⁸⁴ This C60-SIMS/MALDI dual ion source MS revealed the spatial distribution of
25 intact biomolecules in mammalian spinal cord samples as well as networks of cultured neurons
26 from *Aplysia californica*.

33 34 35 *Direct infusion mass spectrometry analysis*

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37 Direct infusion mass spectrometry (DI-MS) analysis is based on the direct injection or
38 infusion of sample mixtures into the ionization source of the mass spectrometer without prior
39 chromatographic separation. Fundamentally, DI-MS utilizes the electrospray soft ionization
40 (ESI) technique to ionize the sample of interest. The ambient conditions with minimal prior
41 handling in DI-ESI-MS minimize disruption of the cell and its metabolome, which is often not
42 the case in other soft ionization techniques, such as MALDI.⁸⁵ An application of DI-ESI-MS is
43 live single-cell video MS (L-SC-MS), in which sample analytes are dispersed into charged
44 droplets followed by subsequent ionization. Recently, this method has been used to localize
45 terpenoid indole alkaloids in specific cell types from *Catharanthus roseus* stem tissues⁸⁶ and
46 for the quantification of amino acids and phospholipids in cheek cells.⁸⁷ Additionally, this
47 method enabled successful detection of heterogeneity in tafluprost (drug used for glaucoma)
48 metabolite profiles in primary human hepatocytes at the single-cell level.⁸⁸

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50 Pan et al. recently developed the Single-probe, a miniaturized multifunctional sampling and
51 ionization device coupled to an MS. This device is based on a continuous sample extraction
52 system through a finely pulled theta-capillary pipette and has successfully been used for the
53 absolute, dynamic quantification of lipids, metabolites and anti-cancer drugs in HeLa cells.⁸⁹
54 Another interesting platform involves the integration of microfluidic surface sampling with
55 ESI-MS by a dual probe microchip. This platform, which is based on combining a sample probe
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3 for providing sample extraction buffer with an emitter probe to ionize the sample, has
4 substantially improved the analytical performance of ambient MS methods.⁹⁰
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7 *Separation-based MS approaches*

9 Separation aids single-cell metabolomics by improving sensitivity, removing spectral
10 interferences, and providing compound-dependent information to aid molecular identifications
11 using MS. For instance, El Azzouny et al. used HPLC-TOF-MS to probe the effects of 5-
12 aminoimidazole-4-carboxamide ribonucleotide (AICAR) on the synthesis of glycerolipids,
13 ceramides, and nucleotides in INS-1 cells (β -cells). They were able to measure the change in
14 66 metabolites in the presence or absence of AICAR using different stable isotopic labeled
15 nutrients to probe selected pathways.⁹¹ Moreover, a recent study identified VOC profiles from
16 single cells that were isolated from lung cancer cell lines using GC-MS.⁹² The study revealed
17 that single cells of lung cancer have unique (volatile) molecular prints; of which 18 VOCs
18 showed significant changes in their concentration levels in tumor cells versus control.
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23 Capillary electrophoresis (CE) has achieved considerable success in profiling
24 metabolites in single cells.⁹³ The Sweedler and Nemes laboratories have custom-built
25 microanalytical CE ESI platforms capable of detecting hundreds of metabolites with low tens
26 of attomoles of sensitivity (reviewed in Refs.^{55,94,95}) in single identified neurons dissected from
27 the sea slug (*Aplysia californica*)^{53,96} rat ganglion⁵⁵, and electrophysiologically identified
28 neurons in the rat brain⁹⁷ as well as single identified embryonic cells isolated from 8-⁹⁸⁻¹⁰⁰ and
29 16-cell⁵⁶ embryos of the South African clawed frog. The metabolic profiles quantified during
30 these studies allowed the researchers to uncover metabolic changes as neurons were exposed to
31 culture¹⁰¹ and even discover metabolites capable of altering the normal tissue fates of
32 embryonic cells.⁵⁶ Moreover, a more recent study, for the first time, demonstrated the *in situ*
33 characterization of metabolic cell heterogeneity directly in 8-to-32-cell live *Xenopus laevis*
34 embryos.¹⁰²
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40 **Single-cell phenotypic analysis**

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43 Until recently, stochastic variability was considered to have negligible effects due to
44 averaging of the myriad biochemical events involved in cellular metabolism. However, a recent
45 study by Kiviet et al. showed that fluctuations in the expression of flux-limiting catabolic
46 enzymes propagate into fluxes through metabolic pathways/networks, eventually inducing
47 changes in a cell's growth rate¹⁰³ (Fig. 3a). These changes in cellular growth rate, in turn, affect
48 the expression of other genes, many being unrelated. Indeed, the expression of genes requires
49 many building blocks such as amino acids and ATP, which are produced by the metabolic
50 machinery (Fig. 3b). These results indicate that molecular noise propagated by single metabolic
51 enzymes can affect the entire cellular metabolism and expression of genes, suggesting that
52 cellular metabolism is inherently stochastic. Such metabolic stochasticity can affect many
53 cellular properties such as cell size and the cell cycle, and for instance, require compensatory
54 mechanisms to maintain homeostasis.^{104,105}
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60 Thomas et al. developed a stochastic cell model of bacterial dynamics, based on
biochemical kinetics, to identify the potential sources of fluctuations in cell growth and to

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3 understand how these fluctuations eventually lead to phenotypic heterogeneity. Their model
4 allowed statistical characterization of the macromolecular composition, growth rate and mass
5 of single bacterial cells. The model revealed that dynamics of mRNAs coding for nutrient
6 transporters and enzymes is a major source of fluctuations occurring in growth rate.
7 Fluctuations in growth rate, in turn, propagated noise to other processes such as nutrient uptake
8 and catabolism¹⁰⁶.

11 Detection of fluctuations in metabolic dynamics due to stochastic influences requires
12 following single-cell metabolic dynamics in real-time. One of the most common approaches to
13 follow single-cell dynamics in real-time is the use of techniques based on the measurement of
14 single-cell fluorescent protein markers. For instance, in the Kiviet et al study, expression
15 fluctuations of metabolic enzymes were measured by fluorescent labeling, while the growth
16 fluctuations were quantified by image analysis of time-lapse movies. Zhang et al. developed a
17 method to measure NAD(P)H levels dynamically in single live E. coli cells using the
18 autofluorescence of NAD(P)H. The method consists of a microfluidic device for culturing E.
19 coli combined with UVA-optimized microscopy equipment, allowing the determination of
20 NAD(P)H levels in single E. coli cells at a 10-min resolution for more than 20 hours. Using this
21 method, they revealed that intracellular NAD(P)H levels oscillate along the bacterial cell
22 division cycle, suggesting fluctuations in metabolic activity during E.coli proliferation.¹⁰⁷
23 Besides, advances in genetically encoded ATP biosensors have allowed researchers to follow
24 fluctuations in ATP levels in real-time at the single-cell level and characterize corresponding
25 effects at the cellular, tissue, and organismal level. Amongst others, Arai et al. developed a
26 multicolor palette of ATP single fluorescent proteins, which enabled them to simultaneously
27 visualize subcellular ATP dynamics in the cytoplasm and mitochondria of mammalian, plant
28 and worm single-cells.¹⁰⁸ Depoali et al. utilized Förster resonance energy transfer (FRET)-
29 based ATP probes targeted to mitochondria, endoplasmic reticulum (ER) and cytosol of cancer
30 cells in order to investigate the dynamics of intracellular ATP pools in response to acute glucose
31 depletion, glucose substitution, as well as mitochondrial toxins.¹⁰⁹ Another example of an
32 advanced fluorescent biosensor, PercevalHR, was reported by Tantama et al. which was utilized
33 for real-time measurements of the ATP:ADP ratios in neurons and astrocytes. They observed
34 activity-dependent changes in neuronal ATP:ADP ratios that could be correlated to potassium
35 ATP single-channel activity in the cell-attached configuration.¹¹⁰

44 Cells can also be cultured on a surface while monitoring variations in the rate of cellular
45 growth and gene expression using quantitative fluorescent time-lapse microscopy (QFTM) to
46 follow single-cell metabolic dynamics in time. This technique is based on the measurement of
47 fluorescent protein markers of gene expression while recording microscopic image sequences
48 of cell growth. For instance, a recent study showed significant cell-to-cell heterogeneity in the
49 three major processes of metabolism (catabolism, anabolism, nutrient uptake) by measuring
50 metabolic activities and growth kinetics of starved E. coli cells subject to nutrient upshift at
51 single-cell resolution.¹¹¹

55 Jing et al. developed a microfluidic cell volume sensor to measure single-cell phenotypic
56 growth heterogeneity in *Saccharomyces cerevisiae*. This strain of budding yeast that can exhibit
57 a high or a low expression state of the PDFR5 gene (coding for a transmembrane pump) was
58 used to measure the fitness of individual cells in normal and cytotoxic conditions. Their
59 microfluidic platform revealed an inhibited growth response of low PDFR5 expressing yeasts
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3 in a cytotoxic environment whereas the high PDRF5 expressing yeasts showed a higher fitness.
4 Therefore, their microfluidic cell volume sensor was successfully used for characterizing the
5 growth response and fitness of single cells in different environments.¹¹²
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7 A label-free approach was developed by Lombard et al. who did single-cell proteomics
8 on live cells in *Xenopus* embryos to uncover proteomic reorganization as an identified
9 embryonic cell gave rise to the neural tissue fated cell clone.⁶⁵
10

11 At last, metabolite abundance can be tracked in time by spectroscopic methods such as
12 Raman Spectroscopy.¹¹³ For instance, Kang et al. used a combination of Raman spectroscopy
13 with fluorescent microscopy to track efficient and localized drug transportation in squamous
14 carcinoma cells.¹¹⁴
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17 **Outlook**

20 Over the last decade, the interdisciplinary integration of analytical chemistry and
21 biology has spurred the development of several technologies to identify heterogeneities in cell
22 populations. This Feature provides just a few select examples for such developments in
23 bioanalytical NMR, MS, and optical spectroscopy that have enabled the characterization of
24 transcripts, proteins, peptides, metabolites and elements in single cells in important models of
25 basic biological and translational investigations. Among other developments, we would like to
26 point to single-cell metallomics, the studies that determine the trace metals and the metal
27 complexes within a cell that are critically important in biological processes including metabolic
28 signaling (see e.g. ref. ^{115,116}) and energy-dispersive X-ray analysis electron microscopy (EDX-
29 EM) which allows interpretation of macromolecular functionality by analyzing endogenous
30 elements, labels (gold and cadmium-based nanoparticles) as well as stains at nanometer
31 resolution.¹¹⁷ Other recent developments include NanoString gene expression profiling, which
32 provides a highly sensitive alternative to scRNA-seq for quantitative transcriptional profiling
33 for a pre-defined set of genes of interest.^{118,119} and cryoelectron microscopy (cryoEM) which
34 has the potential to uncover the dynamics of macromolecular machines at the single-cell
35 level^{120,121}. The data resulting from the above mentioned studies have already begun to uncover
36 previously unavailable molecular information on cell-to-cell differences during states of health
37 and disease, which in turn can now be used to design hypothesis-driven studies to test for the
38 functional significance of the observed molecular differences between cells. Moreover, We
39 anticipate that automation and commercialization (e.g., CyTOF¹²²), as well as development of
40 specialized software packages to recognize minuscule signals (e.g., TRACE¹²³), will bring
41 these bioanalytical technologies from select laboratories to many investigators, thus promoting
42 a new era of interdisciplinary research to understand the basic building block of life: the cell.
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60

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Illustrations

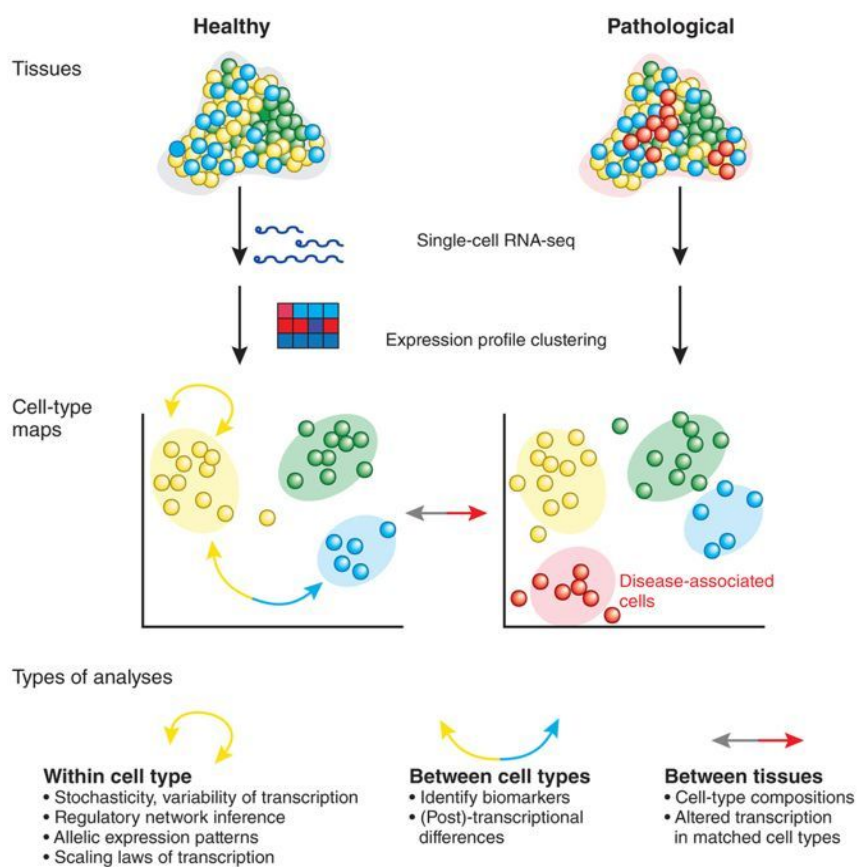


Fig. 1: Single-cell transcriptome analyses of tissues and cell types. Reproduced with permission from ref¹⁰ Copyright (2014) Springer Nature.

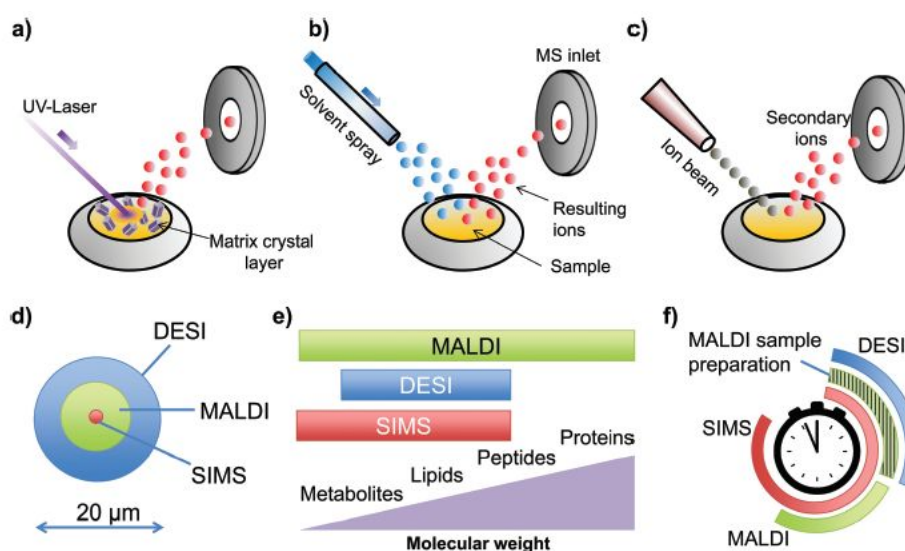


Fig. 2: Common mass spectrometric techniques in single-cell metabolic analysis. Working principles of MALDI (a), DESI (b) and SIMS (c), their beam diameters (d), mass detection ranges (e) and sample preparation times (f). Reproduced with permission from ref¹²⁴ Copyright (2018) ROYAL SOCIETY OF CHEMISTRY.

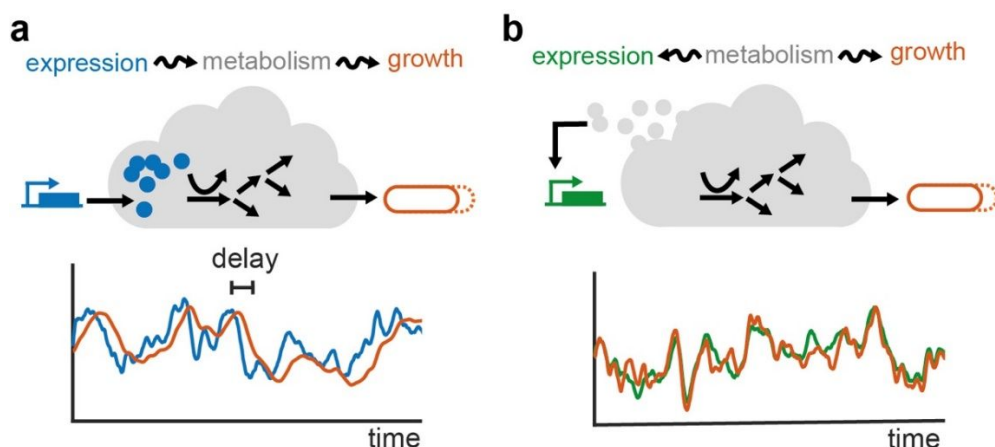


Fig. 3. Following metabolic fluctuations in time. Individual cells display gene expression and growth rates that vary strongly in time, in a correlated fashion, by at least two different mechanisms: a) Fluctuations in the expression of limiting metabolic enzymes lead to metabolic fluxes that vary in time, which in turn cause delayed growth rate fluctuations. Adapted with permission from ref¹⁰³ Copyright (2014) Springer Nature b) Expression itself is also affected by metabolic fluctuations, possibly mediated by varying levels of amino acids or ATP. This mechanism also generates correlations in expression and growth fluctuations, but without the time delays seen in panel a. Adapted with permission from ref¹²⁵ Copyright (2018) Elsevier.

Biography

Evers TMJ is currently pursuing his Ph.D. studies in Dr. Alireza Mashaghi's lab at Leiden University. He earned his M.Sc. degrees in biomedical sciences and physics from respectively Maastricht University and Tomsk State University in 2018.

Mazène Hochane obtained a Ph.D. in cell biology from the University of Strasbourg. Subsequently, he carried out postdoctoral research at the University of Nantes, studying the biology of mesenchymal stem cells, in particular, their metabolism. He is currently a postdoc in the lab of Stefan Semrau at Leiden University where he works on models for early mouse development and human kidney development.

Sander Tans obtained a Ph.D. in physics, is currently a group leader at the AMOLF institute, and is affiliated with Delft University. His group focusses on developing new approaches to reveal molecular and cellular dynamics. He has combined microfluidics, time-lapse microscopy, image analysis, and genetics to quantify growth and motility dynamics of individual cells.

Ron Heeren is a distinguished professor (universiteitshoogleraar) of molecular imaging at Maastricht University who specializes in mass spectrometry imaging (MSI) of biological surfaces. Heeren has made substantial

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3 contributions to the development of MSI instrumentation and applications to alleviate the limitations of resolution,
4 speed, and sensitivity. Recently, he has engaged in high resolution metabolic imaging at the single cell level for
5 molecular phenotyping.
6

7 Stefan Semrau is an assistant professor at Leiden University, where he uses single-cell transcriptomics and
8 proteomics to study early mouse development. He holds a Ph.D. degree in physics from Leiden University and did
9 his postdoctoral research at the Massachusetts Institute of Technology and the Whitehead Institute, on new
10 methods to measure gene expression in single cells and the gene regulatory mechanisms underlying stem cell
11 differentiation.
12

13 Peter Nemes is an Associate Professor of Chemistry and Biochemistry at the University of Maryland, College
14 Park. His laboratory develops next-generation microanalytical mass spectrometry technologies capable of
15 detecting proteins, peptides, and metabolites in ultra-high sensitivity in biopsied tissues and single cells to
16 understand molecular mechanisms underlying normal and impaired development using *Xenopus laevis*, zebrafish,
17 and mouse.
18

19 Alireza Mashaghi is a biophysicist and an ophthalmologist and the director of the Laboratory for Medical Systems
20 Biophysics and Bioengineering at Leiden University. His lab develops and uses various acoustic, optical, and mass
21 spectrometric techniques for studying single cells. He co-leads IMMUNMET, a NWO-TTW research program on
22 single-cell analysis of immunometabolism.
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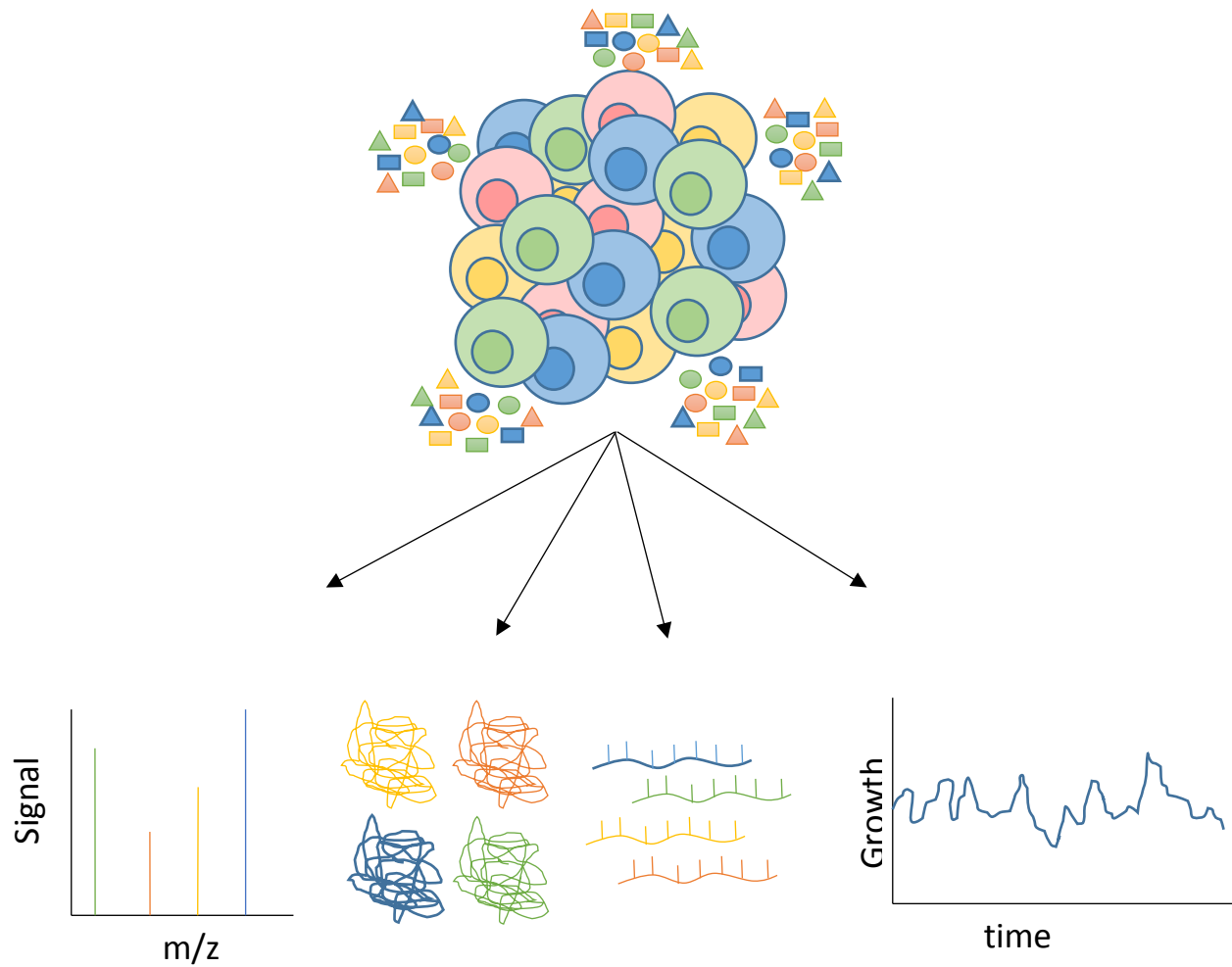
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TOC



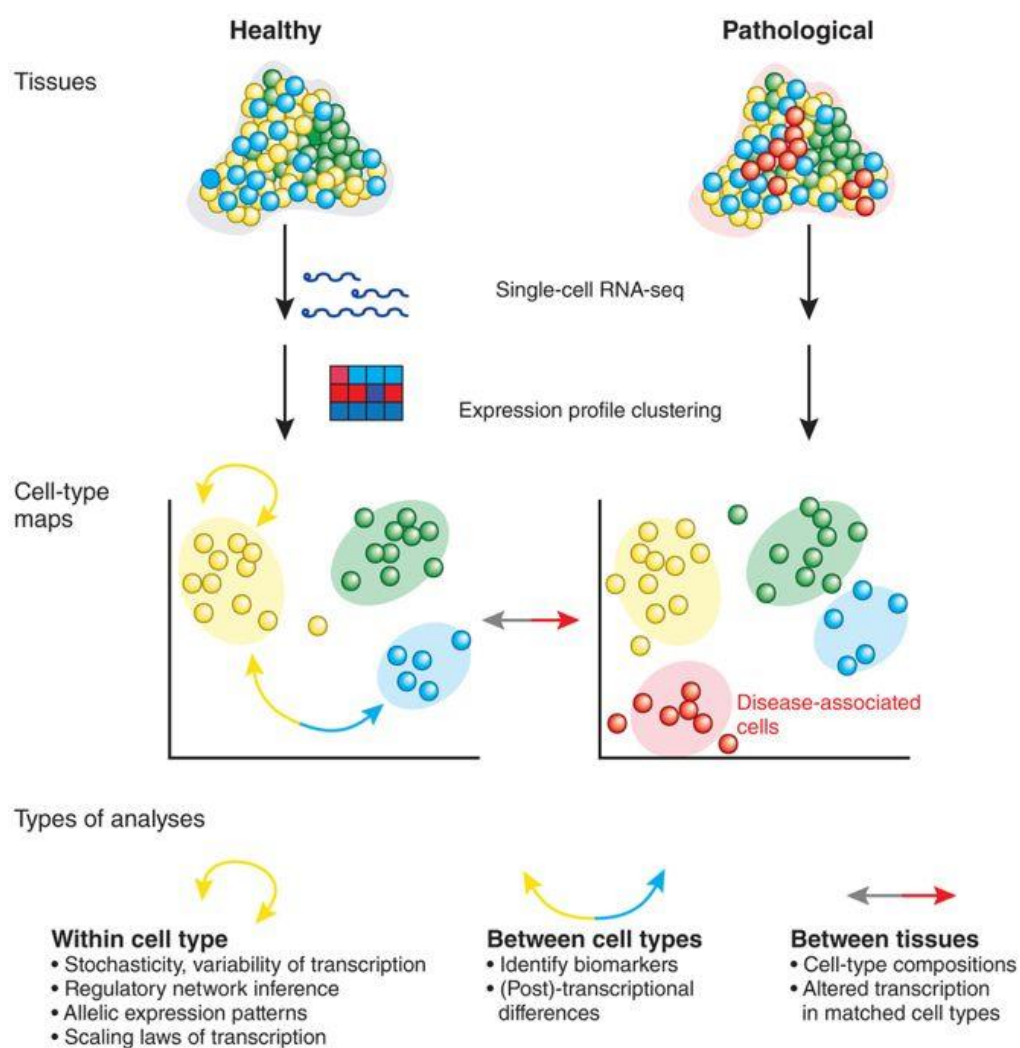


Fig. 1: Single-cell transcriptome analyses of tissues and cell types. Taken from ¹⁰.

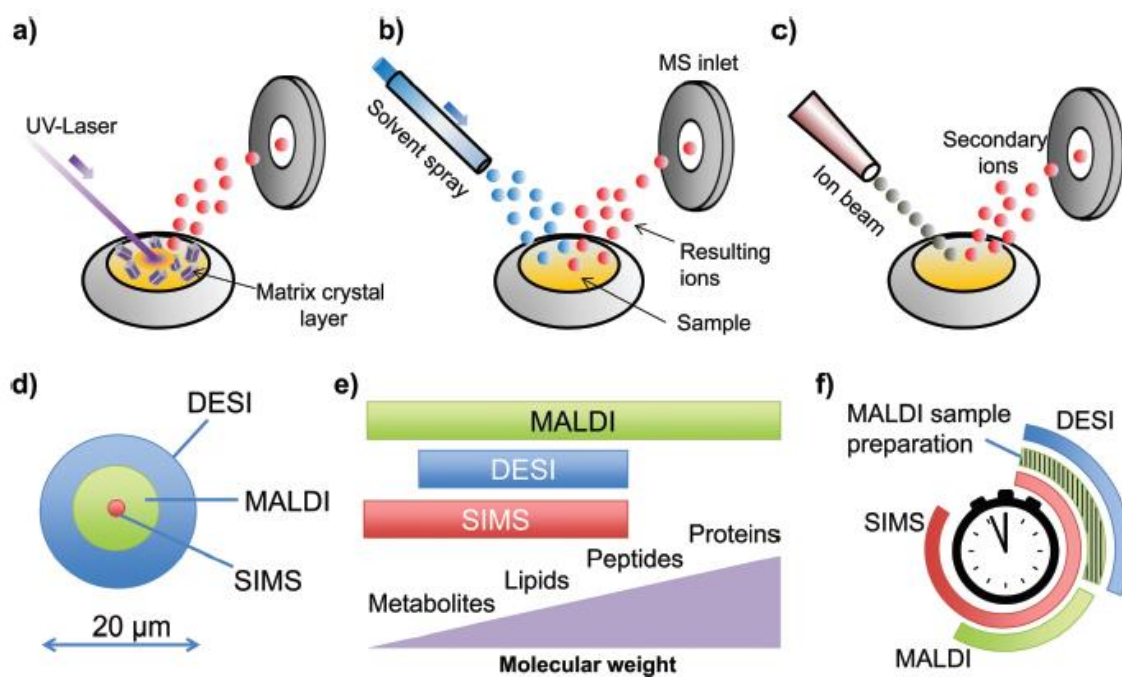


Fig. 2: Common mass spectrometric techniques in single-cell metabolic analysis. Working principles of MALDI (a), DESI (b) and SIMS (c), their beam diameters (d), mass detection ranges (e) and sample preparation times (f). Taken from ¹¹¹.

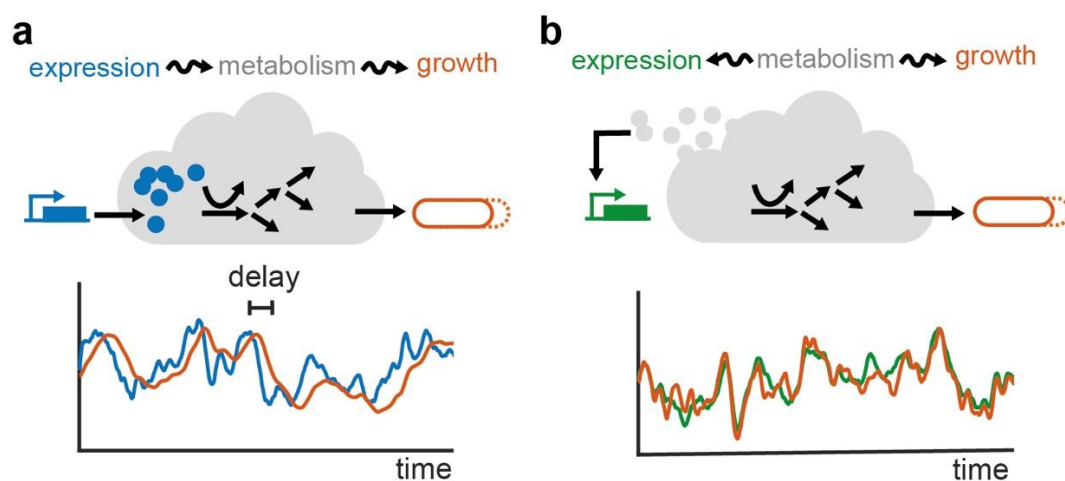


Fig. 3. Following metabolic fluctuations in time. Individual cells display gene expression and growth rates that vary strongly in time, in correlated fashion, by at least two different mechanisms⁹⁷. a) Fluctuations in the expression of limiting metabolic enzymes lead to metabolic fluxes that vary in time, which in turn cause delayed growth rate fluctuations. b) Expression itself is also affected by metabolic fluctuations, possibly mediated by varying levels of amino acids or ATP. This mechanism also generates correlations in expression and growth fluctuations, but without the time delays seen in panel a. Adapted from¹¹².